

Equivalent Weights of Paper



What is the equivalent weight of 70# BOOK paper in BOND paper? Refer to 70# in the BOOK column. 70# in a BOOK paper is equivalent to 28# BOND paper as indicated on the same line.

EQUIVALENTS	BOOK	BOND	COVER	BRISTOL	INDEX
BOOK	30	12	16	20	25
	40	16	22	27	33
	45	18	25	30	37
	50	20	27	34	41
	55	22	30	37	45
	60	24	33	41	49
	65	26	36	44	53
	70	28	38	47	57
	75	30	41	51	61
	80	32	44	54	65
	90	36	49	61	74
	100	39	55	68	82
BOND	33	13	18	22	27
	41	16	22	27	33
	51	20	28	34	42
	61	24	33	41	50
	71	28	39	48	58
	81	32	45	55	67
	91	36	50	62	75
	102	40	56	69	83
COVER	91	36	18	62	75
	100	40	22	68	82
	110	43	28	74	90
	119	47	33	80	97
	146	58	39	99	120
	164	65	45	111	135
	183	72	50	123	150
	238	94	130	160	194
BRISTOL	84	33	46	57	69
	99	39	54	67	81
	114	45	62	77	93
	119	47	65	80	97
	148	58	81	100	121
	178	70	97	120	146
INDEX	110	43	60	74	90
	134	53	74	91	110
	171	67	94	115	140
	208	82	114	140	170